



Community Men's Shed

Welcome

A warm welcome is extended to you and we trust that you will enjoy all of the activities at the Phillip Island RSL Community Men's Shed.

The purpose of this document is to provide you, 'the participant' with a basic understanding of the "Principles & Planned Activities" to be carried out AND performed under the Phillip Island RSL Community Men's Shed's concept.

It should be understood that the **major focus** of this initiative is to provide you with an environment that helps to enhance your physical, mental and emotional health. In other words "relax, learn and have a good time.

The following supplements will further explain in more detail our aspirations and general operations of the Phillip Island RSL Community Men's Shed.

Please read the supplements as there is **important** information included that you should know and will assist you to help us all to achieve our **major focus**.



Australian Government
Department of Veterans' Affairs



Department of Planning
and Community Development

The Place To Be